

Friday 27th March 2020

Dear Families,

A week ago we closed our doors to the majority of children due to the Covid 19 outbreak. What a week it has been!

School have been busy looking after the keyworker children, they have had a wonderful time completing learning and activities linked to 'We're going on a bear hunt'. They also made some lovely rainbow pictures to join in with everyone at home. There were also a couple of very special birthday celebrations happening too! Staff and children at home are busy accessing learning through 'Seesaw' and keeping in touch on the telephone too.

This newsletter looks a little different to normal – it contains lots of snippets of helpful information, some 'best bits' and hopefully some inspiration to us all through this time.

We are thinking of you all,
The Harnham Infant School Team

Don't forget to check the school
and class blogs for updates too...



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172/212 (81%) of our families are accessing Seesaw to keep in touch with us. We hope you are finding it useful and a great way to share anything that you are doing at home to support your children. If anyone needs any help accessing Seesaw, please do email:

requestforsupport@harnham-inf.wilts.sch.uk



Our "Best Bits" from school...



"Look how much you've already managed to adapt to. Look how resilient you've already been. There's no 'right' way to respond to this because it's never, ever happened before. Give yourself some credit ☆ There's no one in the whole world who has this figured out yet. So it's absolutely okay if you don't either! "

mellow doodles

...and at home



Birthdays this week:

We love to celebrate birthdays at Harnham Infant School! Mrs Shaw celebrates all the children with birthdays this week in her assembly on the school blog! Check it out, especially if you turned 5, 6 or 7 this week!



You tube clip:

Are you looking for a helpful way to explain the Coronavirus to your child? Try this youtube link.

<https://m.youtube.com/watch?feature=youtu.be&v=JCKEHUflpAY>

A message from the School Nurse:

We have duty school nurses available at the end of the phone Monday to Friday 9-5pm should you require any support with your school age child. This is available permanently for all parents to access for advice and support. If you would like support please call one of our nurses through our Single Point of access on 0300 247 0090

Kind Regards

Wiltshire School Nursing Service



Telephone calls:

Members of school staff are keen to stay in contact and will be telephoning you. Please be aware that some will say 'No Caller ID'. This is likely to be a member of school staff, especially if calling between 10.30am and lunchtime. Please try and answer if you can



MANAGING CORONA VIRUS (COVID-19) ANXIETY

For You

- Avoid excessive exposure to media coverage
- Connect through calls/text/internet
- Add extra time for daily stress relief
- Practice self-care
- Focus on your mental health

For Kids

- Reassure them that they're safe
- Let them talk about their worries
- Share your own coping skills
- Limit their news exposure
- Create a routine & structure

For Quarantine/Isolation

- Keep in contact with your loved ones via social media, texts, and phone calls
- Create a daily self-care routine
- Keep yourself busy: games, books, movies
- Focus on new relaxation techniques

BlessingManifesting



Storytime:

If you haven't seen them yet, members of school staff are reading stories and uploading them onto our school blog. Do enjoy them!

Reminder:

Clocks go forward by an hour this weekend. ☺



NOT EVERYTHING IS CANCELLED



SUN IS NOT CANCELLED
SPRING IS NOT CANCELLED
RELATIONSHIPS ARE NOT CANCELLED
LOVE IS NOT CANCELLED
READING IS NOT CANCELLED
DEVOTION IS NOT CANCELLED
MUSIC IS NOT CANCELLED
IMAGINATION IS NOT CANCELLED
KINDNESS IS NOT CANCELLED
CONVERSATIONS ARE NOT CANCELLED
HOPE IS NOT CANCELLED

If you need help with anything or need some support, please email: requestforsupport@harnham-inf.wilts.sch.uk

Easter:

Some parents are beginning to ask about Easter holidays and will be offering the same level of provision... teachers are planning on providing a selection of ideas for activities you can do while at home together, though they will not be able to maintain the same level of contact via Seesaw. The bedtime stories will still be uploaded to the school blog daily and the support email address will be checked. ☺



Stay Safe



As we all become a bit more 'tech-savvy', please stay safe online!

Something for the weekend:

How about watching the animals live at Chester Zoo (www.Chester-live.co.uk)

You could go on a Scavenger Hunt too!

Finally...

We just wanted to say a huge thank you for the positive feedback, kindness and well wishes we have received over the last week. ☺

